UNIT 12 — ABNORMAL PSYCHOLOGY

actions (Memories/nightmares/social withdrawal/jumpy anxiety/insomnia) lasting in excess of four weeks after a traumatic experience Somatoform Disorder Symptoms take bodily form without any physical cause Dissociative Disorders Conscious and past memories are separated Dissociative Identity Disorder Person has two or more distinct and alternating personalities. Mood Disorders Emotional extremes Major Depressive Disorder 2+ weeks of significantly depressed moods, feeling worthless. Mania Hyperactive and crazy optimistic Bipolar Disorder Alternating between mental highs and lows Schizophrenia Group of severe disorders (disorganized/delusional thinking, disturbed perceptions, inappropriate emotions/actions) War Veterans	Vocabulary Term	Definition of Term	Example
Impulsive			·
DSM-IV-TR Widely used system for classifying psychological disorders Anxiety Disorders Distressing, persistent anxiety Disorder, Phobias, OCD, Post Traumatic stress disorder Random short periods of intense fear with no warning Phobia Persistent irrational fear Post Traumatic Stress Disorder Post Traumatic Stress Disorder War Veterans War Vetera		impulsive	Hyper kids
Anxiety Disorders Distressing, persistent anxiety Disorder, Phobias, OCD, Post Traumatic stress disorder Generalized Anxiety Disorder In a state of continual autonomic nervous system arousal Panic Disorder Random short periods of intense fear with no warning Phobia Persistent irrational fear Persistent irrational fear ODC UNWANTED repetitive thoughts or actions War Veterans War Veterans With you Dissociative Disorder Symptoms take bodily form without any physical cause Dissociative Identity Disorder Emotional extremes Mood Disorders Emotional extremes Major Depressive Disorder Major Depressive Disorder Always feeling and suddenly fearing the world will end Agoraphobia "you have nothing to fear but fear itself" Howie Mandel War Veterans War Veterans With you No longer aware of who you are after a traumatic experience Autitiple Personality Disorder Dissociative Identity Disorder Emotional extremes Major Depressive Disorder Major Depressive Disorder Alternating between mental highs and lows Schizophrenia Group of severe disorders (disorganized/ delusional thinking, disturbed perceptions, inappropriate emotions/actions) Belavior that you won't change, and that hurts social functioning Personality Disorders Becoming a serial killer	Medical Model		ADHD can be treated with Ritalin
Generalized Anxiety Disorder Generalized Anxiety Disorder In a state of continual autonomic nervous system arousal Panic Disorder Random short periods of intense fear with no warning Phobia Persistent irrational fear ODC UNWANTED repetitive thoughts or actions (Memories/nightmares/social withdrawal/jumpy anxiety/insomnia) lasting in excess of four weeks after a traumatic experience Somatoform Disorder Symptoms take bodily form without any physical cause Dissociative Disorders Conscious and past memories are separated Dissociative Identity Disorder Person has two or more distinct and alternating personalities. Major Depressive Disorder Agior Phobias, OCD, Post Traumatic stress disorder Always feeling nervous and being jittery and worried Waklking a dog and suddenly fearing the world will end Agoraphobia 'you have nothing to fear but fear itself" Howie Mandel War Veterans War Veterans War Veterans With you You feel sick, but nothing is wrong with you Alternating personalities Multiple Personality Disorder at raumatic experience Multiple Personality Disorder Major Depressive Disorder, Mania, and Bipolar Disorder, Mania, and Bipolar Disorder Alternating between mental highs and lows Schizophrenia Group of severe disorders (disorganized/delusional thinking, disturbed perceptions, inappropriate emotions/actions) Believing you are Satan and wearing an outfit made completely of bananas Becoming a serial killer	DSM-IV-TR		DSM-IV-TR
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Fear with no warning	Generalized Anxiety Disorder		
DDC	Panic Disorder	fear with no warning	the world will end
Post Traumatic Stress Disorder (Memories/nightmares/social withdrawal/jumpy anxiety/insomnia) lasting in excess of four weeks after a traumatic experience Somatoform Disorder Symptoms take bodily form without any physical cause with you Dissociative Disorders Conscious and past memories are separated a traumatic experience Dissociative Identity Disorder Person has two or more distinct and alternating personalities. Mood Disorders Emotional extremes Major Depressive Disorder At People who cut themselves may suffer from depression Mania Hyperactive and crazy optimistic Bipolar Disorder Alternating between mental highs and lows Schizophrenia Group of severe disorders (disorganized/delusional thinking, disturbed perceptions, inappropriate emotions/actions) Personality Disorders Behavior that you won't change, and that hurts social functioning War Veterans	Phobia		
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Dissociative Identity Disorder Person has two or more distinct and alternating personalities. Mood Disorders Emotional extremes Major Depressive Disorder, Mania, and Bipolar Disorder People who cut themselves may suffer from depression Mark Twain A Beautiful Mind Schizophrenia Group of severe disorders (disorganized/delusional thinking, disturbed perceptions, inappropriate emotions/actions) Personality Disorders Behavior that you won't change, and that hurts social functioning Multiple Personality Disorder Major Depressive Disorder, Mania, and Bipolar Disorder People who cut themselves may suffer from depression Really, really, really, happy people Mark Twain A Beautiful Mind Believing you are Satan and wearing an outfit made completely of bananas Becoming a serial killer	Dissociative Disorders	Conscious and past memories are	No longer aware of who you are after a traumatic experience
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(disorganized/delusional thinking, disturbed perceptions, inappropriate emotions/actions) Delusions False beliefs Believing you are Satan and wearing an outfit made completely of bananas Personality Disorders Behavior that you won't change, and that hurts social functioning Becoming a serial killer	Bipolar Disorder	Alternating between mental highs	
Personality Disorders Behavior that you won't change, and that hurts social functioning an outfit made completely of bananas Becoming a serial killer	Schizophrenia	(disorganized/delusional thinking, disturbed perceptions, inappropriate	A Beautiful Mind
that hurts social functioning	Delusions	False beliefs	
	Personality Disorders	-	
	Anti social Personality Disorder		Serial killers

Authors of Important Study	Basic of What Was Done	Lesson(s) learned from the study
David Rosenhan	Healthy people briefly simulated hallucinations to get into psychiatric hospitals. All were admitted and diagnosed with psychiatric disorders. After admission, they acted normally	Hospital staff failed to detect a single person, and instead believed that all of the patients exhibited symptoms of ongoing mental illness. Several were confined for months.

	and told staff that they felt fine and had not experienced any more hallucinations	All were forced to admit to having a mental illness and agree to take antipsychotic drugs as a condition of their release.
Martin Seligman	Tested depression of individuals of western culture	Individualism, loss of religion/family causes depression and pessimism